

Accreditation is renewed

CANADA COLLEGE
Archives

In spite of Proposition 13 and the budget, as well as charges of "lowered morale," deteriorating administrative leadership, and a communicative malaise existing between college and district, the Accreditation Commission for Community and Junior Colleges (ACCJC) has renewed Canada's accreditation for another five-year cycle, beginning July 1, 1981.

The decision was based upon a broad and comprehensive "self-evaluation" program made up of mostly "faculty volunteers," as well as a short one and one-half day observation by the ACCJC review team. The self-study team conducted meetings with students, classified staff, faculty, administration and board, in an attempt to gain a well-rounded representation of the institution. While achieving a high degree of participation and understanding within the college itself, the team was justly criticized for a "narrow perspective" on the key issues. The issues, such as budget process, new vocational

programs and community outreach are overtly affected by district decision-making. A lack of administrative participation in this program was cited as the major cause of misunderstanding and inefficiency in dealing with these issues.

The administration was, in fact, the focal point of criticism within both teams, creating the largest magnitude of concern as well as problems within the college. The study alleged lack of continuity where long range programs and general planning inevitably suffered.

There was also major criticism concerning the recent district practice of appointing administrators on an "acting basis." The result was an ineptitude in organizational patterns and a general feeling of apathy and insecurity expressed by the students, administration, staff, and faculty. "Acting" president Ferguson rebuts these allegations in a response statement to the study. This includes a lateral interpretation that an "acting

administrator" was in fact an "active administrator." Dr. Ferguson also declined to address the district's conditions and prerogatives for implementing "acting administrative roles." He instead called attention to his four-year stint in the district's "acting positions" and referred to himself as the "longest actor in the district."

The other major concerns dealt with in the report were dissatisfaction with the registrar's office, which could be in fact another district-related problem. Further needs are improvement of the facilities in the library and media center and better utilization of campus space. A Feb. 5 memorandum from Dr. Ferguson indicated several of these recommendations have been implemented while others are still under consideration. Ferguson welcomes any comments or suggestions regarding effective recommendations.

Vic Cizankas

Weatherpane

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CANADA COLLEGE,

REDWOOD CITY, CA 94061



Health career programs offer experience

Amigos and medi-corp a great opportunity

Remote jungles. Native villages. Little known areas of rural California. What enticing lures for summer involvement. For those with an inclination toward a health career field, two separate but equally stimulating programs are available to students. Sponsored by the Health Careers Opportunity Program, the Amigos de las Americas and the California Medi-Corp offer adventure travel, and a unique learning experience for the summer. Both programs address the problems of emerging Hispanic peoples through a trained youth corp. One group offers direct involvement in the Latin American countries, the other, participation with migrant workers in California.

Amigos de las Americas is an international organization for students who want to serve as volunteer workers in public health projects in Mexico, the Caribbean, Central and South America. Students are trained in immunization, dental hygiene, visual screening and distribution of eyeglasses, well-digging, veterinary services and community sanitation. The summer Field Program sends students to work in one of the Latin American countries. They help out in schools, health clinics and sometimes go from house to house on medical and social service problems. Often travel is in dug-out canoes into the jungle or by horseback into remote villages. Students live in the work areas.

What are the requirements to enroll in the Amigos program? Volunteers must be 16 years old, must spend one night a week in a six to eight month training program which starts in the fall, assist in fund raising, and be willing to become an integral part of the group. No previous experience is necessary in the health field.

Although the program normally starts in the fall,
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Martin Sanchez and Esmerelda Gonzalez



Carlos Pistelli

Three students to start medical work

Sponsored by the Health Careers Program, three Canada students will embark upon summer careers that are exciting, contributing, and enormously profitable to their futures. Carlos Pistelli, Martin Sanchez, and Esmeralda Gonzalez all have a sense of dedication and purpose to addressing the plight of emerging third world nations. All three exude tremendous enthusiasm for their prospective projects. One will head to a Latin American country to work, the other two to do field work in rural California.

Carlos Pistelli, as a volunteer with the Amigos Program, is one of the triumvirate to head for productive adventure. Carlos was born in Santiago, Chile, presently lives with his family in San Mateo, and works 20 hours a week at Safeway.

Carlos tells a tale with great humor.

"Last night one girl fainted. She revived and then successfully mustered up her courage to plunge the needle into her compatriot!"

Carlos is not referring to a Quincy episode but to one of the situations encountered in the weekly Amigos program.

"Ast week we practiced giving shots to oranges. This week the real thing—people!"

Carlos has spent one night a week since last fall as part of his commitment to the program.

"We spend the first half of the evening listening to lectures by different professionals from the community in the health related fields. Doctors, dentists and vets help to train us.

"I plan to go into veterinary medicine. In the future I want to coordinate vet research with human nutrition.

Continued on Page 12

Job receptionist speaks of homeland

Belinda Quintanilla is a part-time receptionist at the Job Placement Bureau. She is from El Salvador, a student, and the proprietress of a magical style of speaking.

"The tongues of angels always make music," says an old adage.

Often this music can be heard through the sing-gong voice of Belinda Quintanilla as she responds to the incessant demands of the phone at Canada's Job Placement Bureau. At times in Spanish, at times in English, the phone is answered with the lilt of a foreign accent and the song of an artist. By the intonation alone, the caller is assured that matters are under perfect control.

Twenty-year-old Belinda, a second semester student at Canada, tells a story of present conditions in El Salvador. She tells a story of putting herself through

school. She tells it with captivating smile, humorous eyes, and song and rhythm to her words. She was born in Puerto Rico but considers herself from El Salvador.

"The most important years of my life were spent in El Salvador," says Belinda. "I lived there until my father was killed over a political problem when I was 14."

Belinda's composure remains serene.

"I have many good friends left in El Salvador. I receive many letters from them telling of the terrible situation in the country. Those that live in the city are afraid to leave their houses. Tanks and soldiers and guns fill the streets. Twelve-year-old boys are taught to shoot and love it."

She continues in her lyrical manner. "I called up one friend on her birthday just a while ago. She told me her

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Brenda Quintanilla photo by Diana Coe

all things considered...

feed forward

This is a non-editorial editorial.

If you have an appetite for scathing, muckraking, guaranteed-and-bonded-to-raise-hell editorials, skip it.

The editors are too busy settling into the second semester and checking out all the new faces on campus.

The first day of class is always unparalleled throughout the semester. My stomach sounds like a Space Invaders game run amok. I am not alone, I think. Disoriented folk loom everywhere, furtively clutching campus maps and reg. slips in their sweaty palms.

The new semester, not unlike spring, is a period of regeneration for all. New conquests and challenges for some and repentance for those unlikely souls who never ceased to be disoriented last semester.

At the Weathervane, the new semester provides us a vantage point from which to see where we are going and where we've been. We are looking.

What issues in Canada and the community we address are, in part, up to you. We have always maintained that we are student-oriented; addressing what's important to you.

As the second semester unfolds, we hope to get to know you, your interests, and your concerns. With input from you, dear reader, we can avoid non-editorial editorials like this. If we have said anything that could be construed as controversial, excuse me.

In springtime a young man's fancy turns to "finer things."

We hereby come out officially in favor of spring.

feedback

EDITOR:

After an extremely lengthy presidential campaign and following the apparent public desire "to get back to the basics" I would like to present an alternative method to select the individual to lead this great land. Instead of the costly elections we now finance, we could adopt a test to cut through the political rhetoric to determine which is the best choice. This test would cost the taxpayer virtually nothing thus saving millions in federal monies. Moreover, it would undoubtedly prove to be as accurate a determination and as profitable a presentation as is presently offered by the televised debates.

Initially a panel of political analysts would question the candidates. After hours of unyielding inquiries, when the candidates are beginning to show signs of exhaustion, their hands and feet would be bound together. The candidates would then be tossed into the waters of the sacred Potomac. If a candidate sinks he is obviously an honest man and would be appointed President. However, if he floats, he must be a subversive and would be imprisoned as a communist agitator.

This time tested technique has proven to be an invaluable tool in former centuries (when a dollar was worth a dollar) and could prove so again. Come on America! Let's bring back the good old tried and true values of a time gone by! An age of justice for JUST-US!

Karen Johnson

Last day to add is Tues. Feb. 17
Last day to drop is Fri. Feb. 20

Weathervane

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It's my turn

As we left the '70s and entered the '80s with a glass of Perrier in one hand, and designer jeans on our behinds, and no Guy Lombardo, very few critics, street corner or professional, had anything good to say about the decade. There had been the gay '90s, the roaring '20s, the Depression '30s, the fabulous '50s (my era), and the turbulent '60s. But, the '70s? Well! Some have called it "The Me Decade," without a doubt it was. The search for self was intense, serious. Self was more important than the issues and causes of the '60s had been. "My rights replaced civil rights."

Love and marriage in the '70s didn't exactly go together like a horse and carriage. In fact, it was downright peculiar. Folks didn't have love affairs, they had relationships. Relationships were about ground rules, erotic zones, needing your own space (must admit I was the biggest advocate of space saving), the bottom line and "it ain't about commitment baby." Michele Marvin warned us females about the perils of shacking up, and introduced us to the word "palimony."

Divorce was so common that when one teary-eyed mother told her child that daddy didn't live there anymore, the kid jumped up and down with glee. "Oh goody, she said, now I can spend my weekends with my father like all the other kids!" (Who said American kids don't have what it takes?)

That was the '70s, the no-hassle, don't-bother-me-I-can't cope, don't lay-no-trips-on-me, go-with-the-flow decade. Gladys Knight and the Pips were on the midnight train to Georgia, and I was on a 747 to Ibiza, Spain where peaceful waters flowed to find myself. (I didn't), but I did gain a little culture here and there, found out Florence was Firenze, Venice was Venezia and in Italy there's no such thing as spaghetti and meatballs. Even more distressing, April in Paris was not like the Doris Day version. You know, "I never knew the charms of spring, never met it face to face," etc.

In Turin my Italian journalist friend bombarded me with taunts of what naughty, greedy capitalists Americans were, and what a non-materialistic communist soul he was, all the while driving around in the newest Porsche and brandishing credit cards galore.

By the mid '70s, Paul Anka sang "You're Having My Baby" with a soul sister, Aretha was rocking steady, Donny Hathaway and Roberta Flack asked "Where is the Love?" Patty Hearst was found guilty, Jimmy Hoffa disappeared. We did the Hustle, wore "I am somebody" t-shirts and ate yogurt.

The '70s was also a how-to decade, books on how to fall in love, how to make love, how to fall out of love, how to



Sonia Jackson, Canada Student Body President

photo by George Walruff

know if it was love in the first place, etc., were read by a majority of adults. Younger folks had how-to-read problems. We talked to our plants about our vision of the world, and then Watergate blew sky high, it seems nobody voted for Nixon.

While it wasn't a glorious decade, we had some glorious moments. Hank Aaron broke Babe Ruth's record, Miss Jan Pitman took that c-o-o-l drink of water at the fountain, Peaches and Herb were "Reunited," and we discovered our "Roots." And the moment Billy Dee Williams stood on the podium in the crowd scene in "Mahogany" (with that fine brown frame) and told Diana Ross he was her man for keeps, I made him number 10 on my Crush List.

Before it was all over we saw the return of sequins, skirts, shoulder pads, the KKK, high schools proms and jazz. For the not so bright, cocaine became a status symbol, for the seriously ill marijuana was used to treat glaucoma. Three Mile Island became frightening and Jonestown horrified us all.

Now, everyone has premonitions and predictions about the '80s. Not me. The way things went down in the last decade I don't want to speculate how things will be. But I know what I wish for the '80s. I'd like to see China, a free South Africa, Sunday suppers, touch dancing. For the world, peace and love, not the '60s kind but the real thing, and the end to famine in Africa and Asia.

Octavio Paz, a Mexican writer, says "that we will have to reinvent love," with what's gone down in the first year of this decade, we sure need love to make it the rest of the way.

I don't know about you folks, but I'm getting my act together and taking it on the road.

Sonia Jackson

Question Man

"What is there to do on a rainy day?"



"Study homework. Sit around the fire and ignore the football games that the guys are watching."

Joyce McDonald



"Sit in front of the fire with a glass of white wine and read a good magazine."

Rita Vella



"Kick back at home and listen to KLOK, my favorite radio station."

Peter Grant



"When it rains, I like to go out and get really wet. I like the feeling of raindrops hitting my skin."

Irasema Pena



"I read. I don't have a fireplace but if I did, I'd make a fire and curl up with a glass of wine. Either that or I'd cook up a batch of spaghetti sauce."

Elena McCord



"During the rain, I like to put on a coat and go for a nice long walk."

Eric Thomas

photo by George Walruff

President's corner

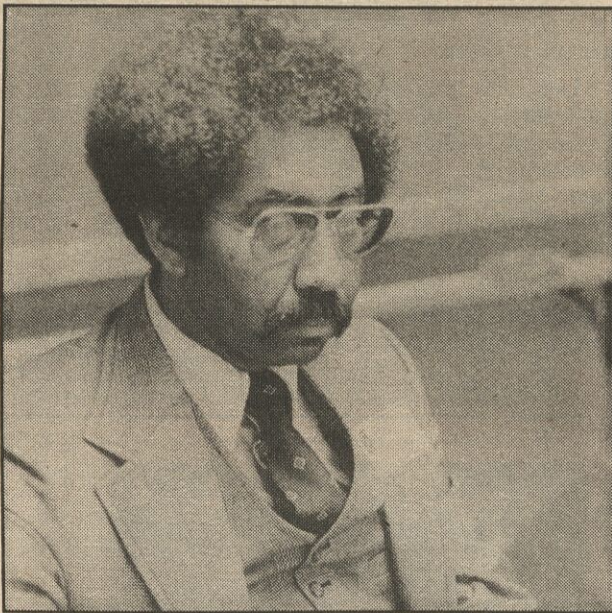
The teacher's name was Evelyn Mosby. (We called her Miss Mosby.) The class was English Lit. The school was Pine Forge Institute, a small parochial boarding school nestled in the verdant foothills of eastern Pennsylvania. Although I wondered about the title of Robert Burns' poem, "To A Louse," the closing lines held no hidden meaning:

"O would the gift the Giver give us,

To see ourselves as others see us."

Since those high school days, these words continue to remind me of the myopia that often affects each of us. Sometimes our confidence is tested when we attempt to compare our progress with other individuals or organizations. Sometimes we blame others—students, teachers, staff, administration, the District, the Board, the community, even our friends and loved ones—when things don't happen as we anticipate they should. Sometimes we cry for the "good ole days," failing to realize that, in many instances, we relied on the decisions of others in the "good ole days," that today, we are the decision-makers.

Since the passage of Proposition 13, the future has not appeared bright. Questions, like the cycles of the year, continue to be raised, "What's going to happen to Canada?" "Will He become centralized under CSM?" "Will they drop this program or cut this service?" But the fundamental question of true concern to students, staff and community alike is, "How will this affect me?"



Though each of these questions is valid, there exists a need to live out perspective, to focus upon several state-side issues that can have a greater negative impact on our lives than those issues listed above. These issues are currently under consideration for inclusion in the Education Code. State-wide, new grading policies have

been adopted. Course classification regarding "credit vs. non-credit" status is under consideration. But most important, general education requirements for transfer students have been increased by four-year state universities. Course-by-course review and approval prior to transfer may be mandated for all community college courses by each four-year state university. Given that transfers from two-year to four-year colleges have declined, this action could affect negatively community college enrollments should four-year schools refuse to accept some of our courses.

During its 13-year history, Canada has grown and accomplished many things. In January, 1981, we received full accreditation, renewed for five years, the maximum extension stipulated following a five-year review. New staff members have joined the College, bringing new ideas, innovative suggestions, and the energy to assist in their implementation. New occupational programs have been initiated, with more on the drawing board. Enrollments and ADA are steadily increasing, an indication of sound educational programming, quality instruction, and community interest. But if we are to significantly affect the future of Canada, we must focus upon those issues of concern not only to Canada, but also to the survival of community colleges as now constituted. To do this effectively, we must combine our efforts and those of the Student Association, the Faculty Senate, and the numerous other councils and organizations to impact positively on those issues that restrict and weaken our educational goals. Then, as Hensley stated in "Invictus," each of us truly will be

"...the master of my fate,
...the Captain of my soul."

Samuel Ferguson, Canada President

Careers available for handicapped

Canada has spent \$10 thousand in adapting Canada's computer for the blind. Hetrick credits Brad Bosch in being instrumental in the computer adaptation.

Hetrick believes that the computer industry is a good field for the handicapped because of the government and business backing in this area.

The media center is also a valuable resource for the handicapped with its many tapes and films on hand. "There are new technological innovations every year," Hetrick stated, "but the only problem is they are very expensive."

Another new program innovation by Hetrick will be the implementation of diagnosis and screening tests to determine a student's abilities, from which a personally suited Individual Educational Plan (IEP) will be drawn by a full time learning disabilities specialist.

Learning disability refers to students who have neurological, biochemical and developmental limitations which encompass an estimated 20 percent of the population.

With support from the Disabled Students Program the handicapped student offers numerous services such as peer counseling, tutoring, readers, and use of special equipment and permits for such things as elevators and parking.

A Disabled Students Union, open to anyone, is active on campus and will be planning special events for this 1981 International year of the Disabled.

Scaling the academic cliffs of Canada can be

treacherous, but even more so for those students with learning and physical disabilities.

Jane A. Hetrick new program specialist for disabled students will be able to make the climb a mite easier with a new grant given to Canada and her innovative new programs for the handicapped.

Canada has received for the 1981-81 year a grant in excess of \$20,000 by the Capital Outlay Fund which will allow for reconstruction of many physical barriers to handicapped students.

Besides removing barriers, the new grant will enable Canada to modify the access ramp near Bldg. 5, allow better accessibility to the women's bathroom in Bldg. 10 and showers and locker rooms in the gym.

Many new railings will be added and braille signs for the elevators as well.

A new grant applied for by Canada has also been tentatively granted for 1981-82. This grant would allow for an elevator to be constructed in the administration building.

Another new step in the aid for handicapped students is the adaptive P.E. program which will employ two staff members and focus on weight and resistance training. This class will be held every Tuesday and Thursday from 11:10 to 12:30.

These plans include seminars by experts in the handicapped field with the first one being held March 5, 12:30 to 1:30 p.m. in Bldg. 2, rm. 10 under the bookstore. Dr. Joyce Gerard of the University of Santa Clara will be

the speaker.

Vocational goal setting is also a top priority in Hetrick's new program. There are many opportunities including the Computer Information Systems Program that has a voice actuated system for the physically impaired student.

There is also a job skills program which some Canada handicapped students have already taken advantage of.

Hetrick states, "I want to be able to say Canada has a student disabled program, one we can be proud of." Hetrick believes this will attract new students to Canada as well.

Hetrick also feels there is good cooperation from all the Canada staff and faculty on her new programs.

She would also like the regular Canada students to get to know the handicapped ones better.

Hetrick seeks out handicapped students by examining the health cards and by extensive community outreach.

Hetrick feels lucky working at Canada, stating, "The west coast, community college area is the most innovative in aid for the handicapped."

Jane Hetrick's office is in the southwest corner of the cafeteria, and she can also be reached at 364-1212 ext. 490 or 263.

In summing up, Hetrick brings the perspective of the handicapped student closer to home when she says, "Remember, we are only one accident away from being disabled ourselves."

John Crook

Registrar's office goes with the flow

Jessie Guerrero sits back at his desk and sighs. He's been putting in up to 15 hours a day for the past several weeks overseeing registration and grades. He doesn't look worse for wear but he will gladly tell you this is the most hectic time of year for the registrar's office.

Operating on a tight schedule, barring any unforeseen difficulties, Guerrero speculated grade cards would be in the mail this Wednesday. He envisioned no three-month delay, as was the case with the summer school grades when the reg office converted to a new computer system.

The reg office feeds all of its data: admissions, registration, adds and drops, grades, and enrollment into the district's central data processing center, which serves 32,000 students at all three colleges as well as the district administration.

The links between Canada and the central computer are crucial. Guerrero's office staff transcribes some of the written data into the computer with on-site terminals in the office. The rest of the written data, including grades, is sent on paper to the district office to be keypunched.

Converting all the information from paper to com-

puter at Canada is a long range goal not likely to be realized in the near future. The most recent addition to the "on line" system is on-site program changes, eliminating one step in the long data shuffle between the district and Canada. The implementation of the on-line system to its fullest potential means a marked reduction in errors. If corrections can be made here, the district doesn't have to send them back to be corrected, returned and reprogrammed individually. "It's a long tedious process," said Guerrero.

Under the present system, Scantron cards containing grades are fed past the sensitive eye of the computer very fast, resulting in errors for the faintest stray mark on the card. The district returns error listings to the reg office for correcting and return for reprogramming. The long process of check and double check has been running smoothly, and no delays of more than a day have occurred, Guerrero said. An on-line program for grades isn't due for another year or two.

Most of the "bugs" have been worked out of the system. The most significant errors found have been in credit totals. At one point, 60 percent of the totals were in

error, but once a pattern in the errors was seen, it was corrected. The reg office is now taking more pains to omit human errors, such as illegible or confusing data on paper, are rectified before being programmed into the computer.

Guerrero and his staff must work in conjunction with CSM and Skyline registrars, as well as the district administration, all of whom make use of the same central data bank. "Just because we tell data processing we're ready doesn't mean it's going to happen that day. It'll be scheduled for the next available programming time," said Guerrero.

Sitting at his data-laden desk, Guerrero smiles and says, "The system is running smoothly. It's getting to the point where it will give us response on the spot."

He's not out of the woods yet, but for a man who deals out the green-tinted cards of fate for 8,300 students, he is smug and secure in the knowledge that the reg office is playing with a full deck.

David Plotnikoff

Businesses putting up money for scholarships

Canada students are eligible to receive scholarships worth up to \$2,900, according to Marie Tucker, Financial Aids coordinator on campus. "The scholarships are available," she said. "One girl just got \$100!"

Scholarship files indicate at least ten public and private organizations are currently waiting for inquiries and applications for students here. Of these groups, four are industry-oriented, three are non-profit related, and two are from educational institutions.

Golden Gate University, for instance, has offered a full-year, full-time scholarship for one student from each Bay Area Community College, including Canada.

The First Christian Church has set aside \$100

scholarships for students here. No one, a spokesman for the Redwood City diocese said, even applied for the money last year.

One criteria considered by the First Church is the applicant's religious involvement and beliefs. Most of all the financial contributors maintain a certain standard to be met by the student. KSOL, says the radio station's public affairs Director J.J. Jeffries, offers assistance to "those students who are talented, but trapped by insufficient funds to pursue their education."

Applicants must be members, insists the San Mateo Farm Bureau (SMFB), in order to be eligible for one of three scholarships (totaling \$1,300), it offers. April 1 is the

latest any application will be accepted by SMFB.

Students with a B average who are active in their field of study are more likely to be rewarded scholarships than uninvolved A students. Sacramento-based California Association of Nurserymen (CAN) points out. CAN has awarded scholarships in Ornamental Horticulture, Agribusiness, Viti-culture, and Pomology (fruit study).

CAN, along with virtually every other money donor, requires two letters of recommendation accompanying the application which, they add must be legible.

In addition to having maintained good-student status and activity, financial need often, though not always, is considered the "tie-breaker" between prospective scholarship recipients.

Tutorial service aids crammers

The Canada College Tutorial Services Program offers free tutoring to all Canada students in most subject areas.

To be eligible you simply must be an enrolled student at Canada and fill out an application form requesting assistance.

All matching is done on a first come, first served basis.

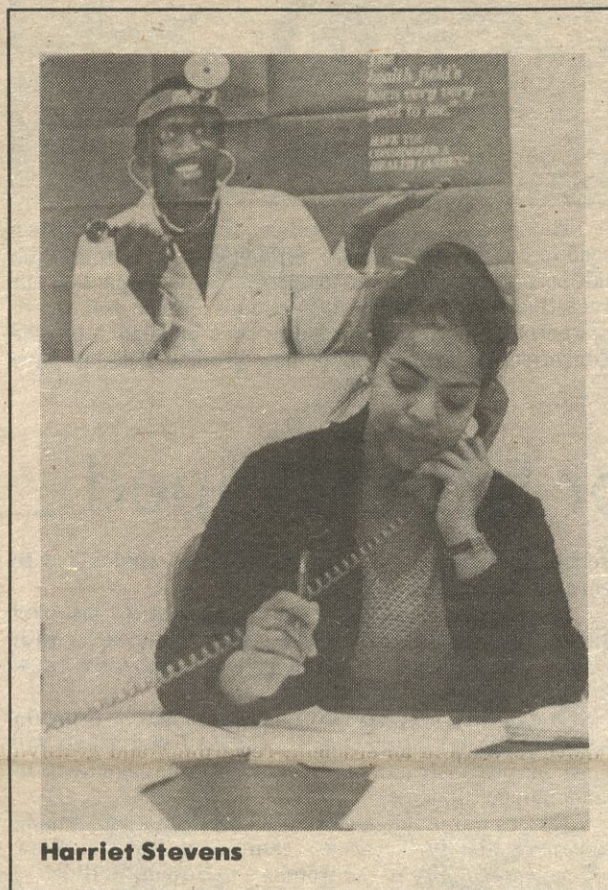
The program will make every effort to provide applicants a tutor, but do not always have tutors in all subjects. To insure your chances of being matched be sure to apply early in the semester.

To apply, drop by the Tutorial Center in Bldg. 5, rm. 102 (next to the Media Learning Center) or see Mr. Al Archuleta in Bldg. 6, rm. 13 (next to the library.) Remember, sign-up early.

The Canada College Tutorial Services Program is in need of qualified tutors immediately. Tutoring jobs are available in all subject areas with hiring and matching done on a first come, first served basis. The hours are flexible and the pay is excellent.

To be eligible you must: 1) Be a Canada student in good standing; 2) Have a 3.0 or better grade point average in the field you wish to tutor; 3) Receive an instructor signature verifying competency; 4) Be available to tutor between 8:00 a.m. and 4:30 p.m. Monday through Friday.

To apply, drop by the Tutorial Services office in Bldg. 6, rm. 13 and see Mr. Al Archuleta.



Harriet Stevens

Irisanalysis lecture

Irisanalysis, or what is better known in English as "Iridology" will be the topic of discussion on Wednesday, Feb. 25 during the weekly parapsychology lectures sponsored by Canada College at 1:00 p.m. in Building 2, Room 10.

Julie Conrad will speak on how a person's physical, mental, emotional and chemical states are recorded and can be monitored through the eyes.

The lecture is free and open to the public. Participants are encouraged to bring a bag lunch. For further information call 364-1212, ext. 339.

On campus events

"Death and Dying" is the title of a course offered by the Social Sciences Division at Canada College that deals with the implications of death and how it affects those people who come in contact with it in their daily lives. The course is offered every Wednesday from 1:10 to 4:00 p.m. in Building 13, Room 111.

A lecture, whose topic is the electromagnetic experiments that were carried out at the site of the Great Pyramids of Egypt, will be presented on Wednesday, Feb. 18 by Canada College's Psychology 480 class at 1 p.m. in Building 2, Room 10.

"China Update: The Great Cities" is the title of a lecture that Canada College's Women's Re-Entry to Education Program is presenting on Wednesday, Feb. 24 from 12 noon to 1 p.m. in Building 16, Room 5.

HEALTH LECTURE

Weight Control, Feb. 19, 12:30-1:30 p.m., Laura Ziegler, Bldg. 10, rm. 2.

PARAPSYCHOLOGY LECTURE

Pyramids, Feb. 18, Dr. Lambert Dolphin

BROWN BAG SPECIALS

Tips on Taxes, Feb. 18, 12-1:30 p.m., Gale Hurley, Bldg. 16, rm. 5 (Women's Center).

The California Indian: Emphasis on Coastanoan's, Feb. 19 12-1:30 p.m., Jim Steidel, Bldg. 16, rm. 5, (Women's Center).

Of Motorcycling and Self-Identity, Feb. 24, 12-1:00 p.m. Sharon Jackson, Bldg. 16, rm. 5 (Women's Center).

China Update: The Great Cities, Feb. 25, 12-1:30 p.m., Carey Roth, Bldg. 16, rm. 5, (Women's Center).

Spanish-Speaking California: A Third World Majority, Feb. 26, 12-2:00 p.m., Jim Steidel, Bldg. 16, rm. 5 (Women's Center).

CONCERT SCHEDULE

Mar. 19, Canada College Symphonic Band, 8:00 p.m. Canada

March 25, San Mateo County Symphony Orchestra, 8:15 p.m. CSM

May 2, Peninsula Master Choral, 8:15 p.m., Canada

May 7, Canada College Orchestra, 8:00 p.m. Canada

May 16, Canada College Choir, 8:15 p.m., CSM

May 17, San Mateo County Symphony Orchestra, 8:00 p.m., Canada

Free health clinic

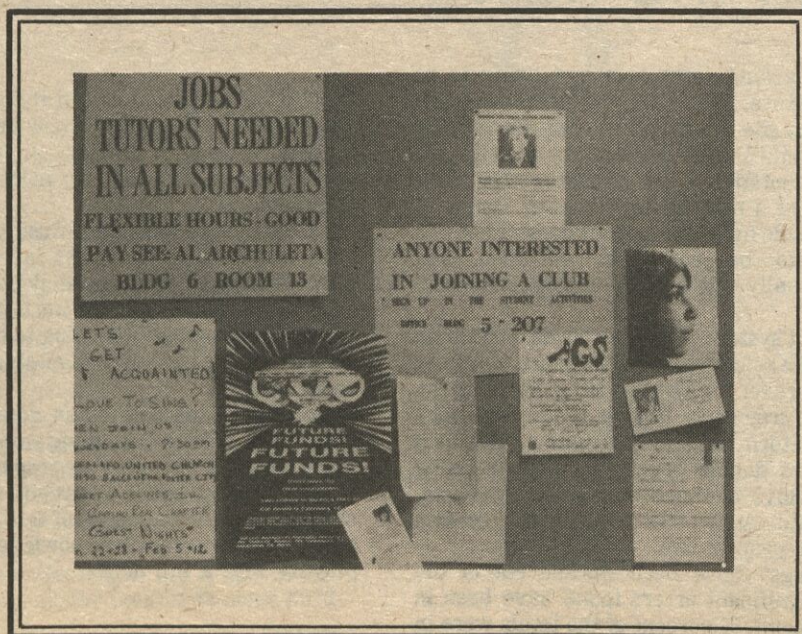
Free health services for all students are available at the Student Health Center, across from the Cafeteria, on a drop-in basis. Do you need help with weight control, family planning, blood pressure, pregnancy test, nutrition, hearing and vision testing, depression, alcohol or drug problems? Nancy Sanden, R.N. coordinates the health program as a Wellness Resource center for education, guidance and counseling. For more information call 364-1212, ext. 309.

Housing needed for foreign students

Canada will have approximately 130 international students from 41 different countries in attendance this spring. Housing will be needed for at least 20 new students and some returning students. This could take the form of:

1. Students working in exchange for room and board;
2. Room with cooking privileges;
3. Small apartments or cottages;
4. Single rooms.

Please contact Mrs. Sarah Fields, Foreign Student Assistant, 364-1212, ext. 425 or 426 if you can assist or have space for rent.



New re-entry program

A program entitled "New Horizons for Displaced Homemakers" will be offered in two sections starting Feb. 23 to March 19, and April 25, for six following Saturdays. Free child care will be provided for the Saturday sessions. The first section runs four days a week from 9 a.m. to 12:30 a.m. and one to three units of college credit may be earned. The second section runs from 9 a.m. to 2 p.m. and one-half to one and one-half units of credit may be earned. Both courses take place at Canada's Women's Center in building 16.

The program is geared towards those who have not had a career for a period of time, are dissatisfied with their current job, or have always remained in the home. The program is open to men and women who need guidance in securing a rewarding and economically satisfying job.

A state grant has provided funding for Canada's program and for other programs that strive to give people a direction in the job market. Kathy Nelson, of Canada's Women's Center, is the program director. "Many people who have traditionally stayed in the home are afraid of getting back in the job market. The program will encourage these people to get jobs, and it will let them know that they are not alone in their present situation." She also commented, "Staying in the home can be a very isolating experience, and many people feel apprehensive at the prospect of getting a career." Kathy and Mary Harm, the program assistant, are quite enthusiastic about the program and believe it will prove to be a successful and much needed course.

Home economics class growing in popularity

Attendance is high in the Home Economics courses this semester. This is believed to be in part, due to promotion. Last Jan 17, a fashion show was held using 100 models. Three hundred fifty people came to the show. Some came because it was free; others as friends of the models.

Another reason for the influx is the economy; clothes have become so expensive that people are learning to sew. People attend out of necessity, just to acquire the basic skills.

The evening Fashion Image course has an attendance of 74 people, mostly women, who want to change their personal image. Their lives are changing, they have a whole new role so that, in a sense, they have to package and sell themselves, to get a job. A lot of these women are either in a transition period in their lives, have just gotten a job, or are about to, so they attend at night in their available time.

Another evening class which is huge, is Microwave Cooking, with over 50 people in attendance. This could possibly indicate that people want to cook fast, be out of the kitchen fast.

Four new part-time teachers have been brought in who have an expertise in a certain area and all four have used their skills successfully in business. This gives an added perspective to the department.

Suzi Woodward teaches the Fashion Image course and has successfully run her own business—Images by Suzi. Susi Habalow teaches Flat Pattern and is the design department chairman for the Fashion Institute. Margi Clark teaches Creative Clothing and owns her own dressmaking and alteration shop. Marylow Lang originally went to Canada, transferred to SJSU and is now back, to teach Quilting.

Quilting has become such a popular class that it has been split into two classes with Every Landis teaching one and Marylow Lang teaching the other. Quilting is an economical and creative outlet. It is an art and the quilts and individual garments can be worth hundreds of dollars. It teaches a little bit of history, psychology, use of color, line and design, as well as basic sewing techniques.

One of the department's strengths is that the classes in the clothing department are graduated from beginning to tailoring to creative. A person can start at one level and move forward in an efficient, rewarding, and gratifying way. The biggest need in sewing seems to be fit-tailoring classes, up to 50 people are taking the Sew-to-Fit classes.

Three main clothing teachers, Alice Loughry, Rhonda Chaney, and Sara Bunje have made promotion and community relations what they are today.

Home Economics prepares and presents three community events annually. In September there is the Fall Fashion Preview, held just before fall classes start and it sets the stage for the semester in the clothing classes. Another fashion show is held in January. May 16, the Fashion and Fabric Learning Fair will be held from 9 a.m. to 3:30 p.m. There are 12 top-notch speakers lined up to give talks.

Two classes haven't been discovered by the general public yet. Consumer Economics, and Time and Life Management.

This is one of the largest home economic departments in the area, with over 19 courses in sewing. A new course being considered is a weight management course, dealing with diet and behavior modification. This would be a short course, to be held if there was a mini-semester.

Alice Loughry has said, "The aim of the department is to improve the quality of life in these, I'm certain, difficult times." She also stated that response from students and community on how they would like classes packaged is welcome; is there a need for more short or night courses, or classes held 3 to 5 p.m. or 5 to 7 p.m.?

If you have any suggestions, please call Alice Loughry, 364-1212, ext. 370.

Karen Baird



Illustration by Carrie Jenkins



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Childhood education

Canada, in conjunction with the Child Care Coordinating Council of San Mateo County, will be offering a series of short module courses in Early Childhood Education, which are designed with particular consideration of the Family Day Care Provider (a person who cares for small groups of children in his-her home). These short courses are offered at various times during the mornings, afternoons, and evenings throughout the spring 1981 semester, and each module offers one-half unit of college credit. Students may preregister or register during the first class meeting.

The first module, "Handling Problem Behavior," will be held on Feb. 21 and 28, from 10:00 a.m. to 2:00 p.m. at the Serramonte Branch Library, 40 Wembly Drive in Daly City. It will present a positive approach to discipline and dealing with bothersome behavior, such as aggression, shyness, etc.

To obtain more information, or a copy of the complete list of these short courses, call 364-1212, ext. 339.

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WEATHERVANE FORUM

The great rock 'n' roll debate

Weatherwane forum is a running debate on issues that confront the student every day. Replies, regardless of opinion, are heartily encouraged. If you have any comment or rebuttal, please submit it to the Weatherwane by Feb. 20.

It all started about five years ago in England. A musical group comprised of young men with such names as Sid Vicious and Jonnie Rotten formed the "Sex Pistols," and soon, attained world-wide acclaim. Their music was loud, violent, and destructive. It was called "punk rock!"

Today, punk rock or new wave music is everywhere. Punk rock is on your radio, on your television and in your night clubs.

Luckily, I have had only one really bad experience with punk rock. I attended what I thought would be an enjoyable party; full of women, beer and good music. Well, the women and the brew were there all right, but the music.....! All I heard all evening long was music that sounded as if the "musicians" were deaf, dumb and blind. The stereo was cranked to make matters even worse. And to top it all off, people were dancing to this music. Yes, dancing, but not the kind of dancing you see at your local disco. People were actually banging their heads against the walls to the "beat" of the music! I was just a bit shocked. A young lady with two-tone hair asked me to dance with her, but I said, "No thanks, I already have a headache!"

I have to admit that there are a few of these punk rock bands that I can tolerate, as long as I keep the volume on low. The Vapors' "Turning Japanese," is kinda catchy, "Whip It," by Devo is okay and "Cars" by Gary Numan isn't half bad either.

But as for the rest of it, well, I'd rather listen to Lawrence Welk.

If anything is as outlandish as the music is, it would have to be the names of the groups. What kind of names are "The Dead Kennedys," "The B-52's," "The Fabulous Poodles," and "The Dickies," to name but a few. The dressing and grooming of a few of these individuals is also awful. Many of these punk rockers have green, red or even pink hair. Sometimes all three at once. They wear outrageous sunglasses, and the clothes that many of them wear look as if they were bought at the Salvation Army.

Whether you agree with what I have just said or not, one thing is very certain; the popularity of punk rock or new wave music is growing very rapidly. A very scary thought.

With the very untimely deaths of rock 'n roll greats such as Keith Moon, Bon Scott, John ("Bonzo") Bonham and John Lennon, will punk rock take control of the music industry? HELL NO!!!

Rock and roll music has been around since the days of Chuck Berry and Elvis Presley, nearly 30 years ago and is still alive and well today. Heavy metal bands such as AC-DC, UFO, Blue Oyster Cult, and Van Halen will be rockin' and rollin' for many years to come.

Personally, I think that new wave music is just another passing fad, like hoola-hoops, pet rocks and mood rings. But rock and roll, my friends, well, in the words of

I have always despised the narrow, Fascist mentality and drivel that spews forth from closed-minded, uninformed rockers who belittle and berate "new wave" and "punk" music. To make a blanket statement about any form of culture out of ignorance is misleading and downright false.

I respect anyone's appetite for "heavy metal" but I must object to a condemnation of new, different sounds.

So-called "new wave" or "punk" music probes the outer limits of rock. It encompasses such a broad range of styles, and is so open to experimentation that a hard-and-fast definition of either media label it next to impossible. Simply put, "new wave" is really new rock.

Because new rock is a departure from accepted, time-tested, boring modes of expression, the entire spectrum of music is looked upon as suspect. Marshall McLuhan once said that we as a society like to live in the past because the present is uncertain and scary while the past is comfortable and secure.

Most "heavy metal" I hear is stale, contrived, irrelevant to what's happening today, and frankly, BORING. Make no mistake, I'm a great admirer of the originals: Hendrix, Page, Beck, Clapton, Chuck Berry, etc. But it seems to me "heavy metal" mainstream rock has stagnated in recent years. Increasing numbers of rockers are seeking alternatives to the oppressive, shopworn, irrelevant effluvia that oozes from their car radios.

New rock has recently been accorded more widespread acceptance, and along with acceptance comes commercialism and clone bands. I see the scene being overrun with dilettantes, posers and profiteers. The urgency and raw energy still exists, but the temptation to an artist to prostitute his musical and philosophical integrity to the whims of a media-crazed mass audience looms at every corner.

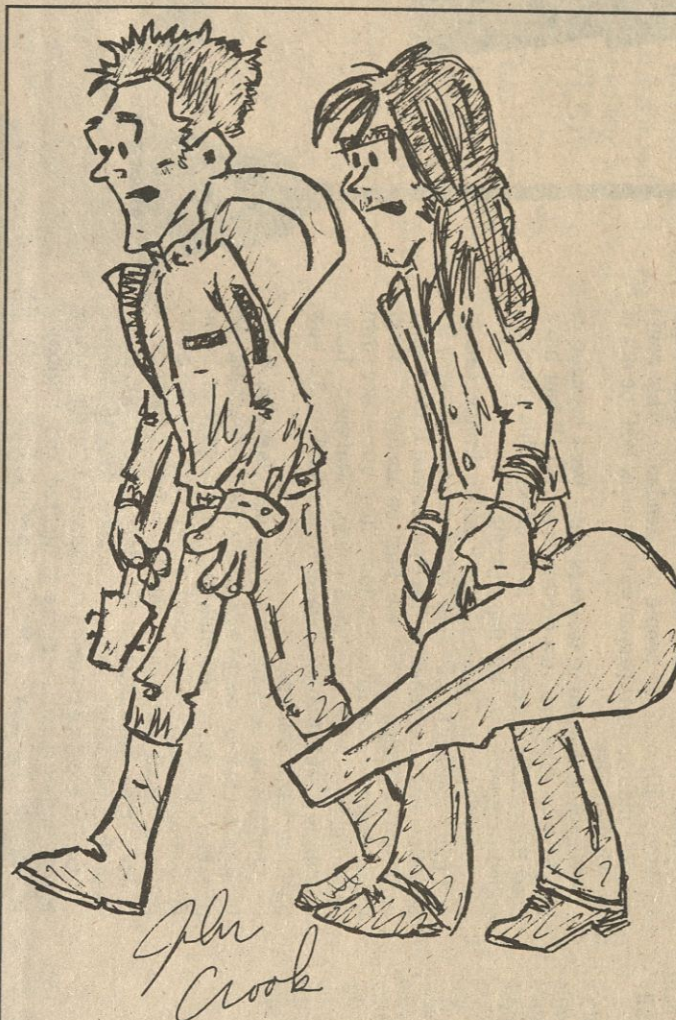
The future of new music is in the hands of those who have the balls to buck the status quo. Elvis, The Beatles, Hendrix, The Who, and The Stones were all regarded as heretic trash when they challenged the limits, but they persevered to expand rock to what it is today.

The avant garde cutting edge of rock may be unfamiliar, disquieting territory, but it's alive and exciting compared to the seemingly barren, dormant "heavy metal" scene. Modern rock has yet to be fully diluted by big business interests and Top 40 hype.

As the current wave of popularity, (no pun intended) reaches its zenith more new artists like DEVO or The Police will cross over to widespread public acceptance. Until that point, when misguided, narrow-minded rockers accept "new wave" as the rock of today and tomorrow, fledgling bands will continue to flourish and expand the minds of rockers who have become jaded or disillusioned with the current scene.

To be candid, when "punk" loses its spontaneity and becomes the new accepted Pabulum of the suburban middle class, it will have lost its most appealing features: raising hell and pushing back the boundaries.

To certain critics and their culturally constipated



"I don't care what Dave or Hans say, it's all still rock 'n' roll"

Illustration by John Crook

What's happening

CONCERTS

Feb. 14 Molly Hatchet, 8 p.m. at the Oakland Auditorium.
Feb. 25, Santana, 8 p.m. at the San Jose Civic.

CLUBS

Feb. 13
Silent Mink, at the Wooden Nickel in Santa Clara.
Hot Cider, at the Country Store, Sunnyvale.
Avalon, at Fargos in the Old Mill Center, Mr. View
Group 87 plus Surface Music, at the Keystone Berkeley
The Kids plus The Rubinoos, at the Keystone, Palo Alto.
Gato Barbieri, at The Stone, San Francisco.
Messiah, at Lambos, San Francisco.
Jules Broussard, at Mr. Hyde's in San Francisco.
Ray Buchanon, at The Princeton Inn, Half Moon Bay.
The Glenn Walters Band, Barney Steel's, Redwood City.
Uncle Rainbow, The Bodega, Campbell.
Front Porch Band, at The Cellar, Los Altos.

Feb. 14

Chrome Dinette, at The New Oasis, Burlingame.
Trouble Boys, at The Wooden Nickle, Santa Clara
Hot Cider, at The Country Store, Sunnyvale.
Avalon, at The Old Mill Center, Mt. View.
Gato Barbieri, The Keystone, Berkeley.
Back In The Saddle, at The Keystone, Palo Alto.
Messiah, at Lambo's, San Francisco.
Jules Broussard, at Mr. Hyde's, San Francisco.
One-Eyed Jack, at The Princeton Inn, Half Moon Bay.
Bubba Lou and The Extremes, Barney Steel's, Redwood
City.
Uncle Rainbow, at the Bodega, Campbell.
Touch of Grass, at The Cellar, Los Altos.

Feb. 15

Hot Cider, at The Smokey Mountain, Campbell.
Mirage, the Wooden Nickle, Santa Clara
Elvin Bishop plus Holiday, at The Keystone, Berkeley.
Whiskey Hill, at The Keystone, Palo Alto.
Group 87, at The Stone, San Francisco
Super jazz session featuring Herb Gibson, Lambo's in San
Francisco
Jules Broussard, at Mr. Hyde's, San Francisco

MOVIES

New Varsity, Palo Alto

Feb. 13, Gloria & Justice For All
Feb. 14, Life of Brian, Monty Python and the Holy Grail &
And Now For Something Completely Different.
Feb. 15, Life of Brian, Monty Python and the Holy Grail &
And Now For Something Completely Different.
Feb. 16, The Wobblies & Harlan County, U.S.A.
Feb. 17, The Wobblies & Harlan County, U.S.A.
Feb. 18, The Idolmaker & The Buddy Holly Story.
Feb. 19, Stardust Memories & Annie Hall
Feb. 20, Stardust Memories & Annie Hall

The Fox, Redwood City

Feb. 13, Being There & The Pink Panther
Feb. 14, O God Book II & Going In Style
Feb. 15, O God Book II & Going In Style
Feb. 16, O God Book II & Going In Style
Feb. 17, No Entertainment
Feb. 18, All That Jazz & Hair
Feb. 19, All That Jazz & Hair

Bulletin Board

A solo concert of shakuhachi music (traditional Japanese bamboo flute) will be presented by the Center for East Asian Studies at Stanford, next Wednesday at 8 p.m. The performance will be given by Ralm Samuelson in the assembly room of the Bechtel International Center. For more information call the Center for East Asian Studies at 497-3362.

The deadline for submitting entries for this year's College Poetry Review is the 15th. Any student is eligible to submit an unlimited number of his shorter verses. Each entry should be typed. Send all entries to the National Poetry Press, P. O. Box 218, Agoura, CA 91301.

Tonight the Peninsula Ballet Theatre presents "Romeo and Juliet" plus works by Robert Barnett, Rosine Bena, and Sam Weber. The production will be staged at the San Mateo Performing Arts Center, 343-8485.

Neil Young—"Hey, Hey, My, My, Rock and Roll will never die." How very true Neil. Rock and roll will never die, because there are too many guys like me, that won't let it. Thank you.

Hans Jensen

Conduct by clone co-conspirators, like the song sez, "One Hundred Punks Rule!!"
Long Live Rock.

David Plotnikoff

R.E.I. CO-OP in Berkeley will host a free clinic on the joys of helicopter skiing in New Zealand. The program will consist of a lecture following two films donated by the Sobek expedition.

Feb. 20, All That Jazz & Hair

The Laurel, San Carlos
Feb. 13, The Devil and Max Devlin (plays to March)

The following classes have space available as of February 4, 1981.

ART	103	MWF	10-11	3-218	READ	801	DAILY	9-10	3-104
	201	M	9-12	3-255		803	DAILY	12- 1	3-104
	205	W	9-12	3-255			MWF	9-10	3-117
	214	T	9-12	3-260			TTH	9:45-11	3-117
	221	T	1- 4	3-255		(WREP)	MWF	11-12	3-117
	303	M	1- 4	3-250	WRIT	801	MWF	2- 3	6-12
	311/312	M	1- 4	3-253	FRENCH	197	TTH	12:30-2	13-111
DRAMA	140	MWF	9-10	3-227	GERMAN	120	DAILY	10-11	18-115
	142	MWF	12- 1	3-218	HUMANITIES	100	MWF	11-12	13-110
	152	MWF	11-12	3-218	JOURNALISM	110	MWF	9-10	18-117
ENGLISH		MWF	11-12	13-15		120	MTWF	12- 1	17-112
	WREP	MWF	12- 1	3-253	MUSIC	101	TTH	12- 1	3-114
		MWF	12- 1	3-227		102	TTH	8:40-9:30	3-114
		MWF	1- 2	13-15		134	MWF	12- 1	3-142
	110	MWF	9-10	3-253		202	TH	9:45-11	3-148
		MWF	9-10	18-115			MWF	12- 1	3-148
		TTH	9:45-11	18-205B		321	M	11-	3-142
	161/162	MWF	10-11	13-15		341	W	11-	3-142
	801	MTWF	10-11	13-216		361	F	11-	3-142
	801	MTWF	10-11	13-216		441	TTH	1-3:30	3-142
		MW	12- 2	18-115	SPANISH	120	DAILY	10-11	13-115
	806 (F.S.)	T	1- 3	3-216		140	MWF	11-12	13-115
	870	T	11- 1	3-218	SPEECH	110	MWF	8- 9	3-216
LIT	152	MWF	11-12	3-218		111/112	MWF	9-10	13-113
	375	MWF	9-10	18-205B		120	MWF	12- 1	3-216
	422	TTH	12-1:30	18-115		140	TTH	9:45-11	3-216

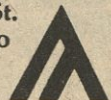
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W925 OFFICE MANAGER, Wildlife Rescue agency, 2 to 6 p.m. Mon-Sat. \$4-\$45 hr.

CA926 CLERICAL ASS'T, on campus, develop computer-assisted instruction modules. Typing, correspondence, ordering etc. 5 to 10 hrs. per week, \$4.10 hr.

S927 VEGETARIAN COOK, Restaurant, Sunnyvale, 8 a.m. to 2 p.m. \$4.50 hr.

H928 ADVERTISING TRAINEE, lay-out, paste-up, heavy typing, commercial art, some camera work for fabric store. 30 plus hours, \$4 hr.

A929 ASS'T RENTAL MGR, Audio visual equipment, part or full time, Burlingame. \$1,00 mo. F-T, \$4-\$5 hr. P-T Deliver and set-up equipment.

S930 HOSTESS, Restaurant, weekends. Approx. \$4.25 hr. Woodside.

B931 GENERAL OFFICE, for retired businessman, type letters from longhand notes, file etc. Hours to fit your schedule.

S915 MAINTENANCE AND ANIMAL CARE, Vet, San Bruno. Mon-Fri 6 to 9 p.m., weekends 8 am to noon and 5 to 6 p.m. Salary open.

Z895 LABORATORY AIDE—Herbicides-Biology, Greenhouse duties, research agency. 20 hrs. week flexible. \$4 to \$5 hr. Palo Alto.

THE JOB BANK located in Bldg., 5, rm. 204 (Career Center) invites you to check out these positions as well as pick up the latest **EMPLOYMENT NEWS** for information and assistance in finding part, full or temporary jobs. On campus interviewing March 4th for summer jobs at U.S. Geological Survey—special minority program.



Geological survey looks for employees

The U.S. Geological Survey will interview qualified students for summer jobs on March 4, from 10 a.m. till noon. The USGS seeks to employ approximately 35 students with some background and interest in the earth sciences. Jobs will consist of working with USGS scientists in laboratories at Menlo Park or in the field in various parts of the western United States.

Candidates must have the following qualifications:

1. Be currently enrolled as a full-time student;
2. Be at least 16 years old by April, 1981
3. Be a citizen of the U.S.

For those interested, sign up for an appointment to be interviewed, at the Job Placement Bureau.

International Club

The International Student Club started a year after Canada was founded in 1968 with the help of Gil Workman, faculty advisor, Sarah Fields, an assistant, and James Collins, the international student counselor.

In 1977-78, under the able direction of Mrs. Roz Enomoto, the club flourished. The club drew up by-laws and a constitution. They held meetings every month and as necessary. Collins and Fields, each had one party a year for the club. Gil Workman does plan a couple of outings during the college year.

During the fall uprising and spring festival, the club operated a food booth selling ethnic foods. This was how the treasury was established.

The Community International Service Committee has been helpful in providing some international activities, such as a Christmas party, skating, picnics, etc...

There are about 140 international students from 33 different countries. The club only had 50 to 75 members. But all students were invited to the affairs and outings.

The purpose of this club is to provide cultural exchange and other social activities, share experiences, to encourage an interest in domestic and international affairs. "This organization does not engage in any activity for the purpose of advocating any particular political,

economic, or philosophy, but shall endeavor to give a fair hearing to all those wishing to express their views," according to Club rules.

Since Mrs. Enomoto has gone back to school and work, the club has deteriorated. At present there are no officers or meetings. Other information sources said, "Way back, students were active, interesting, concerned and they were the body of the campus; most international students used to live with American families." He said, "Now everything changed. Students have their own houses or apartments, car money etc.—so they prefer to spend their time with their own friends, do something privately or personally. They are more away from the campus.

"...And they are not much interested in social work, no educational progress because of not having enough time," and added these are some of the reasons the club is not working anymore as it used to be.

Some of the people who used to be members of the club are interested in having the club work again. Mentioned that there will be a **BIG SKATING PARTY** on March 15, 1981. Anybody who is interested in the program is welcome. The place and time will be posted in the near future.

Talon Mulugeta

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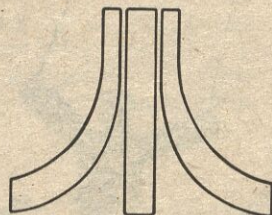
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Skiing outlook promising for Tahoe area

Now that the long awaited snow has arrived, all of Lake Tahoe's ski resorts are open and reporting good conditions.

Snow depths, which were two to five feet, are now ranging from six to ten feet in upper elevations, and most resorts have all of their lifts operating and working at full capacity. Obviously this is the perfect time to get in some good skiing. The problem that most people are faced with, is where to go. Although most of Tahoe's resorts are geared for the intermediate to advanced skier, many resorts cater to the novice. Homewood and Incline Village offer the widest choice in beginner runs.

Intermediate to advanced skiers can choose a variety of runs ranging from Squaw Valley, Northstar and Alpine

Meadows in the North to the ever popular Heavenly Valley and Kirkwood Meadows in the South.

One downfall that this year's skier is faced with is inflation. Lift tickets are averaging an all-time high of \$18, while rentals are also up ranging from \$18 to \$26 a weekend, depending on the weekend of departure.

For those people who can't get away for the whole weekend there are certain groups, such as the Snow Ball Ski Club, that depart early Saturday morning and return late that night. The trip includes bus transportation, two ski lessons with expert supervisors, and ski lift ticket for one package price.

For those people who have more than a weekend at their leisure, there's always Oregon. Bachelor Tours of

Bend-Oregon puts out many different ski packages catering from the beginner to the advanced skier. Their rentals and lift rates are very reasonable, making their ski packages not only inviting but affordable. Call your travel agent for details.

There are many choices open for today's skier, but the important thing to remember is the snow's finally here, so get out and do it!

For further information on ski conditions, there's two numbers to call for daily snow reports in Tahoe. AAA Snowphone—864-6440 and KFRC Hotline—982-1771.

For Oregon's snow conditions the toll free number is 1-800-452-6872.

Angi Columbo

Women's softball squad defunct

Due to lack of participation the woman's softball season has been suspended. According to Athletic Director Bub Bowling, only six girls were eligible to play; the minimum for a team is 12.

"I know the money was there," said Bowling, "there just weren't enough girls to play. The equipment has been ordered and is on the way."

League rules dictate that players carry 12 units if freshman and 24 units under their belt if they are sophomores.

"We even had a coach lined up," replied Bowling, "But now the season is cancelled til next year."

The six girls who did qualify will be on the CSM team. Because of these six there should be some practices on Canada's field some time after Feb. 9.

Golf schedule

1981 Canada home golf match schedule
(All home matches are played at Menlo Country Club)

Date	Opponent	Time
Thurs., Feb. 19	Chabot	1:00
Thurs., Feb. 26	CCSF	1:00
Tues., Mar. 3	Harnell College	1:00
Thurs., Mar. 26	CSM	1:00
Thurs. April 2	West Valley	1:00
Fri., April 3	Menlo College	1:00
Tues., April 21	Modesto Collage	1:00
Thurs., April 23	Cabrillo College	1:00
Thurs., April 30	Ohlone College	1:00

1981 Canada Golf team roster

Chris Stein, Fred Maurer, Dennis Mitchell, Ron Boicelli, Ken Kupperberg, Neil Edwards, Orham Izick, Lee Gardner, Joe B. Ross.

Batters going strong

Canada baseball Coach Lyman Ashley appears optimistic about his 1981 baseball team, but is a little apprehensive about the Golden Gate Conference competition because it is too early for Ashley to tell how strong his GGC competition is.

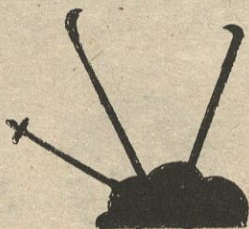
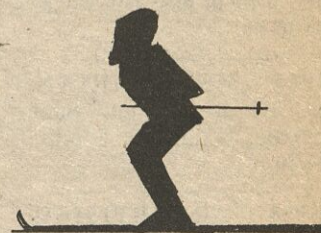
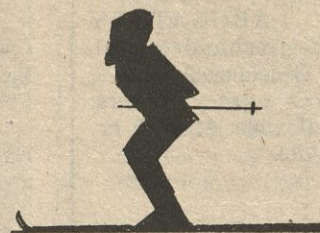
Returning from last year's squad are pitchers Mike King and David Wynn, first baseman John Grealish, last year's third baseman Pete Rodriguez, who has shifted over to shortstop this year, and outfielder Scott Stewart.

Ashley has three catchers to replace Bob Melvin, who was drafted by the Detroit Tigers. They are John Buitrago, Greg Barton, and Tom Wentzel. The other newcomers are infielders Billy Wilson, Mike Madsen, Ken Ramos, and pitchers Frank Ferroni, who played for Cal State Fullerton last season, Eric Gray, who played for San Diego State last year and recent high school graduates Steve Jones, Tony Foster and Bob Ward.

The outfield was cut down to Stewart, freshmen Dino Nomicos, Bobo Fulmaono, and basketball player Rich Belli when Cedric Gray decided to turn pro a few weeks back. In addition, Ashley is trying out infielders in the outfield. "There's been many years when I've been short on outfielders," Ashley said.

"Our conference is always tough, it's tough to tell right now. I think we'll have a good team with some good talent," Ashley concluded.

Dan Smith



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BE ALL YOU CAN BE

more sports more sports more sports

Gray, Melvin leave Canada in favor of pro baseball

While most Canada students were recovering from finals a few weeks back, major league baseball clubs held their annual re-entry draft. The end result was five Canada players being drafted by the pro teams, and two of these players packing their bags to pursue pro baseball careers.

The two players, off to play on the professional level are catcher Bob Melvin and outfielder Cedric Gray. They haven't played a single inning for the Canada baseball team.

Gray came to Canada after making all-league at Menlo-Atherton High last year, was picked by the Minnesota Twins in the twelfth round of the first phase of the draft. Melvin was a transfer from U.C. Berkeley who saw considerable varsity playing time at Cal. He was previously drafted in the third round by the Baltimore

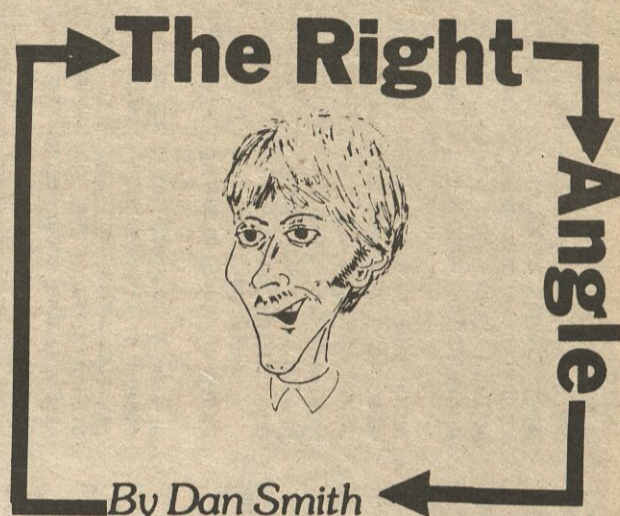
Orioles, but nixed the offer.

Melvin went in the secondary phase of the draft, because he was previously drafted, and was picked in the first round, and second overall in the phase by the Detroit Tigers. Melvin is also a M-A graduate.

Melvin and Gray were also teammates on the Palo Alto Post 375 team that went on to play in the American Legion national baseball championship last summer.

Three other Canada players were drafted, including second baseman Richard Scott and pitcher Frank Ferroni, but are still going to play for Canada.

"There's no way of knowing how much they will be missed," said Canada baseball coach Lyman Ashley. "When you take a player like Melvin and a player like Gray from a program, there's no telling what will happen, except that we'll be two players weaker," he added.



In recent years, sometimes termed as the "Me generation," average people like us have taken steps on improving one's physical appearance. It might be participating in contact sports, like basketball or football, or non-contact sports such as racquetball, tennis or softball, or even sports that two individuals don't have to compete against each other, like lifting weights.

But jogging, as in any other sport, has guidelines to an extent, and violations of these guidelines can lead to injury. In one instance a runner can become over-fatigued. The most inexperienced of runners seem to always become prey to these injuries, so here are some tips for beginner runners or those that wish to start running.

JOGGING SHOES—There are shoes available for different types of runners. Colors and brands tend to vary with the personality of the runner.

The big, thick soled shoes should be worn when running long distances. Coming into the market just a few years back, the thick soled shoes are the technological result of many years of experimentation. Long distance is defined as running distances of a mile or more.

Middle distance runners run their best with little risk of injury in very light, almost cushionless shoes. Middle distance runs are less than a mile in length.

What brand of shoe to buy also depends on the personality of the runner. Name brands, such as Nike, Newbalance and Adidas are probably advisable brands because these manufacturers have more experience, technology, and expertise in the field. This in the long run reduces injury. The "bargain" brands, such as J. C. Penney or Sears running shoes may suit the financially hard pressed, but the runner will usually pay eventually by getting blisters. If, if the soles aren't adequately padded, the runner can receive shinsplints.

Shinsplints are basically defined by splitting up the syllables of the word. It's when your calf muscle splits in half vertically. Pain in the calf can last as long as a week, but if rubbed down properly, the injury will only last a couple of days.

CLOTHING—This again depends heavily on the personality of the runner, whether it be running in shorts, a T-Shirt, or whatever. But since winter is in full swing, sweatsuits are the garb worn by most joggers, either the traditional cotton sweats or the new vinyl-synthetic sweatsuits.

Another weather aspect that running prospects have to watch out for in buying sweatsuits is rain; and when rain hits a cotton sweatsuit, the suit sticks to you like flypaper, and is miserable to run in. And when it comes time to take them off, one has to peel them off.

The majority of today's runners go into training with the thought that Long Slow Distance (LSD) will whip them in as good shape as desired.

This is not always so. First, unless a person is in terrific shape, the slow pace never stretches and tests vital muscles, nor does it increase cardio-vascular efficiency.

Running every day is not necessary. A day or two off allows adequate time for recovery from moderate to hard training runs.

Ideally, workout speed and effort should be varied according to a couple of guidelines: What kind of distance would I like to run? And what kind of workouts would I need? Whether it be hills, LSD, speed intervals or middle distance.

STRETCHING—To avoid pulling vital muscles, it is advisable to do tou-touching exercises to stretch the Hamstring, and toe raises to stretch the calf muscles.

So the next time that you ponder about losing that extra pound or two, don't think of losing it, run it off!

Cagers win third straight

Making a late season move for a playoff spot in the tough Golden Gate Conference, Canada's basketballers pounded Foothill 59-50 behind a 16 point performance by Rich Belli.

During the semester break, the Canada basketball team has run into some hard times, losing six out of their last eight games.

The problem is not that they have been playing rotten, nor is the problem conflicts between players. According to coach Bub Bowling, the team just hasn't been able to pull away from its opposition in the final minutes of play.

"I think we're doing fine, we just aren't as consistent as we like to be. They are still trying hard, but we have had some bad breaks," Bowling said.

The bad breaks that Bowling speaks of is last second losses to Foothill and San Jose City College, and leading DeAnza in the first half to see the lead vanish and DeAnza win.

One of the bright spots the Colts have had during this stretch is an impressive 20-point victory over CSM, while earlier the Colts temporarily lost Rich Belli due to injury. "He was slow the first few games, but has come on to

score in double figures in the last three or four games," Bowling said of Belli.

Through all of the adversity, Bowling is still optimistic about the team's destiny. "I believe our team can reverse our first round standing because we are still playing hard and not giving up. Obviously we have to change some things, because we've been in contention in every game, and if we play without lapses, then I believe that this can be easily reversed," he added.

In this current stretch Bill Minor, Charles Patton, and Don Stremme have all played well in the last month according to Bowling, while Belli, Pat Rodgers, and Robert Milton have all played well at times, and Avery Bibbs and Tim Gray have steadily improved and are playing a lot better since December.

"I've been very impressed with the attitude and morale of the team during this stretch. They are a very coachable team," Bowling concluded.

Canada starts the second round of play with a 10-10 overall record. The team's next home game is against Chabot College, one of the best teams in the state this Wednesday night at 7:30 p.m.

Dan Smith

Baseball Schedule

Colt Tennis Schedule

Date	Opponent	Time	Place
Feb. 18	Cabrillo	2:20	RC
Feb. 20	Sacramento City	12:00	RC
Feb. 21	Merced	12:00	RC
Feb. 24	Cabrillo	2:30	Aptos
Feb. 27	Contra Costa	2:30	RC
Feb. 28	Merced	12:00	Merced
Mar. 3	Diablo Valley	2:30	Pleasant Hill
Mar. 5	CCSF	2:30	RC
Mar. 7	De Anza	11:00	Cupertino
Mar. 10	West Valley	2:30	Saratoga
Mar. 12	Laney	2:30	RC
Mar. 14	Foothill	11:00	Los Altos Hills
Mar. 17	Chabot	2:30	RC
Mar. 19	San Jose C.C.	2:30	San Jose
Mar. 21	CSM	11:00	RC
Mar. 24	Diablo Valley	2:30	RC
Mar. 26	CCSF	2:30	S.F.
Mar. 28	De Anza	11:00	RC
Mar. 31	West Valley	2:30	RC
Apr. 2	Laney	2:30	Oakland
Apr. 4	Foothill	11:00	RC
Apr. 7	Chabot	2:30	Hayward
Apr. 9	San Jose C.C.	2:30	RC
Apr. 11	CSM	11:00	San Mateo
Apr. 16-18	Hancock Tourn.	TBA	Santa Maria
Apr. 21	Diablo Valley	2:30	Pleasant Hill
Apr. 23	CCSF	2:30	RC
Apr. 25	De Anza	11:00	Cupertino
Apr. 28	West Valley	2:30	Saratoga
Apr. 30	Laney	2:30	RC
May 2	Foothill	11:00	Los Altos Hills
May 5	Chabot	2:30	RC
May 7	San Jose C.C.	2:30	San Jose
May 9	CSM	11:00	RC

DAY	DATE	OPPONENT	PLACE	TIME
Fri.	Feb. 20	Fullerton	RC	1:00
Tues.	Feb. 24	C.S.U. Hayward	RC	2:00
Wed.	Feb. 25	U.C.	RC	2:00
Fri.	Feb. 27	*Chabot	Hayward	2:30
Tues.	March 3	San Jose St.	S. J.	2:00
Thurs.	March 5	Stanford	Stanford	1:30
Fri.	March 6	Santa Clara Univ.	R.C.	2:00
Wed.	March 11	U.S.F.	RC	2:00
Fri.	March 13	*Foothill	RC	2:30
Tues.	March 17	UC Davis	RC	2:30
Wed.	March 18	American River	RC	2:00
Fri.	March 20	*West Valley	RC	2:30
Thurs.	March 26	Univ. of Oregon	RC	1:30
Fri.	March 27	*De Anza	Cupertino	2:30
Mon.	March 30	Grossmont	San Diego	2:00
Tues.	March 31	U.C. San Diego	San Diego	2:00
Wed.	April	Univ. So. Calif.	Los Angeles	1:30
Fri.	April 3	*Diablo Valley	RC	2:30
Mon.	April 13	U.S.F.	Olympic Club, SF	1:00
Tues.	April 14	*CCSF	RC	2:30
Wed.	April 15	Univ. of Calif.	Berkeley	2:00
Thurs.	April 16	*G.G.C. Semi-Final	T.B.A.	2:30
Tues.	April 21	*G.G.C. Final	T.B.A.	2:30
Tues.	April 28	*Nor. Cal Dual-Final	T.B.A.	2:30
Thurs.	April 30			
Sat.	May 2	G.G.C. Tourn.	RC	All Day
Wed.	May 6	*Nor. Cal Dual-Final	Saratoga	2:30
Thurs.	May 7-9	*Nor. Cal Tourn.	Saratoga	All Day
Sat.	May 14	*Calif. State Dual-Final	Saratoga	2:00
Fri.-Sat.	May 15-16	*Calif. State Tourn.	Saratoga	All Day

*Nor. Cal Tourn.
*Calif. State Dual-Final
*Calif. State Tourn.

GOLDEN GATE CONFERENCE
*Team Must Qualify to Compete

1981 Tennis roster
Jacques Hervett, Mark Vurchet, Mark McNally, Dijay Castillon, Ed Gammel, Carl Miller, Frank Apecechea, Antonio Ruch, Ray Miller, Mike Floyd, Jay Miller, Mike Olson, John Whittock.

Amigos, Medi-Corp

Continued from Page One
 exceptions are still being made for those with a strong desire to participate. A Spanish speaking student, for example could still conceivably enroll.

The Amigos program offers the student an unusual opportunity to explore his particular interests. He receives training in Spanish, Latin American culture and medical practices related to public health care. He gets a broad perspective on the problems involved in the field. Consult with the Health Careers Program located behind the telephone operator in the Registration building. Harriette Stevens or Lydia Guzman will be most helpful.

The other unusual opportunity for summer work is offered by the state-sponsored Medi-Corp Program. The purpose of this program is to provide health education and related social services to migrant children and their families in rural California. A youth corp is trained and paid to live in the migrant farm centers to directly ad-

Three students

Continued from Page One

The training I am getting will be a great asset to my career."

Carlos continues about the program, "The second half of the evening is devoted to speaking Spanish. Since I am already fluent, I tutor the people who aren't."

Carlos beams about the prospect of going to another country to live and work. He talks at length about the experience he will have that he could not possibly duplicate here in the United States.

"It's very exciting," adds Carlos. "We don't know where we'll be going until a few weeks before departure."

Esmeralda Gonzalez is a 26 year old Canada student whose flashing smile radiates high energy. Previously she has worked as a nurse's aid, in the collection department of a hospital, and as a chiropractor's assistant.

"I was afraid to start school again," smiles Esmeralda. "The Women's Re-Entry Program directed me to the Health Careers Office. With the help of the Health Careers Program I have applied to the Medi-Corp. I meet all their requirements. I have to support myself so this is a perfect opportunity for me to earn money in my field of interest. This program for those who know what their interests are. Amigos allows people to explore many different aspects of the health careers field. However we all have a common interest in the problems of the third world countries."

When asked if she was gearing more towards a pre-med training Esmeralda replied, "No, I want to stay in hospital administration. The Medi-Corp experience will be valuable to that aspect. Administration is always needed. I'll be more aware of the problems I have to confront."

Esmeralda emphasizes, "I want to thank the Health Careers Program for all the help I've been given."

Martin Sanchez, a first year pre-med student who aims to go to Stanford or U.C. Davis, has every hope of being accepted into the California Medi-Corp Program.

Martin will go in June to U.C. Davis for the initial training session. He will then move around with the teams dealing directly with the health, medical, and social service problems of the migrant workers.

"There is more mobility in the Medi-Corps than the Amigos," adds Martin. "We will travel to the migrant camps in different underprivileged counties looking for problems. We will have the power to observe these problems and also do something about them. I am grateful to the Health Careers Program for turning me on to such a rewarding program."

Diana Coe

dress the many medical and social needs of these migrant families.

A student accepted into the program spends a six-week training period in June and U.C. Davis. He is then sent into the field to the different underprivileged counties of rural California to live with the migrant families and deal on a personal basis with their problems. The student's expenses are covered by the Medi-Corps and he is also paid a salary.

The requirements to admittance to the Medi-Corps Program are more rigid than for the Amigos Program. An applicant must have completed a year of college, must have practical knowledge of the migrant family lifestyle, must have a high degree of proficiency in either Spanish, Portuguese, Tagalog or Punjabi, and must have a career in rural health as a goal.

Diana Coe

Job receptionist

Continued from Page One

father was just killed. She was forbidden to leave her house. Her family could not take the risk of going out. The children could not go to school nor could she go to the university. Killing is especially rampant at the university. My friend is a refugee in her own house."

Belinda explains how families become divided. Politically, teenagers join up with the leftist factions while the parents are committed to the right. Children turn against their families. One of Belinda's friends became a staunch leader of the left, abandoning his family for the political movement. In El Salvador the family institution is very strong. Children sometimes live with their families until they are 25 years old. Fathers are the undisputed head of household. For children to go against this structure or deny it, is a very serious situation in El Salvador. Belinda believes that both the left and right political factions are equally to blame for the killings and disturbance in the country.

"One person from the right is killed, so two from the left then get it. It goes on and on."

How do her friends feel toward Americans and toward American intervention in El Salvador?

Belinda says that the leftist group believes that American business interests exploit the people of the country. The leftists do not want Americans in their country. Most of the young people join with the left. Can one personally not take sides?

"No," says Belinda. "There is no middle ground like here in America."

What do her friends think about her living in America? Belinda's quick humor surfaces, "They tease me and say 'I hope you don't fall for a gringo!'"

She is a fulltime student taking computer programming, math, English and speech—24 units this semester. She also supports herself. She works over 20 hours a week; two hours a day at the Job Placement Bureau as well as a part-time job at the Sheraton Hotel.

"It is not too difficult a schedule," Belinda says calmly. "I study at breakfast and on the bus. I enjoy working. I'd rather be busy than lazy."

When asked if she ever gets lonely living and working in a foreign country, Belinda bubbles over.

"Oh, no! I like new things. Exciting things. At Christmas I stayed by myself. I wanted to feel what it's like to be alone."

Belinda's energy level never seems to drop. The rhythm of her sonorous voice does not lose a beat. Her views of reality are tempered by the dreams of a visionary.

"I want to go on to U.C. Berkeley, become a computer engineer, and study economics. Somewhere in the future I want to return to the Latin American countries. Somehow I will return and help."

Diana Coe

Weatherwane



Photo by George Walruff
 Photo by Diana Coe